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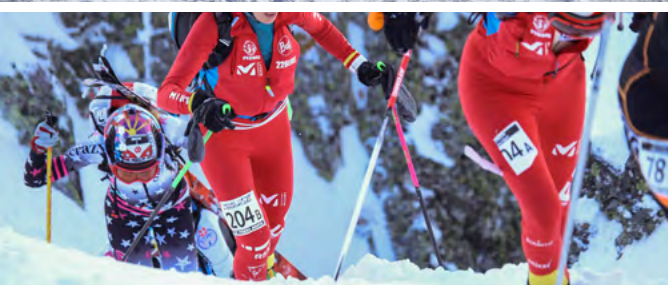
2025

2020V4



BE
GOOD
TO YOU

WE 
GLUTEN FREE



226 is the distance in kilometers of the worldwide hardest endurance challenge Ironman distance. Just like those who practice running are called runners, people who practice this category may be called **226ERS®**

226ERS® is a philosophy, a certain interpretation of life, characterized by a desire of improving at any time, improving oneself day after day, pursuing goals that seemed to be impossible at first. Maybe you have already run the 226km, and although more likely you haven't, its philosophy is applies to every aspect of daily life.



A correct nutrition is essential to keep our health condition in top form, physically and mentally. Remaining strong in these two pillars is crucial to be able to achieve our goals. It is for this reason that we took care to create a range of products that help you to maintain you body and mind in its optimal way. All our products are gluten free, almost entirely developed with natural ingredients and components. Low or free sugar and entirely without GMOs. Everything designed in order to secure there is no perturbation in your digestion and that your body and mind assimilate all the nutrients required.

**DO YOU FEEL
IDENTIFIED WITH IT?**

CEO & FOUNDER

Everything began just after my 13th birthday when I bought my first book on sports nutrition. I took the step from playing team sports to individual sports, in this case swimming, a sport that depends on the individual self. As well as this, one's improvements are subordinated to the tough training and an accumulation of details, among them nutrition, which I had to begin so as to understand that sport and nutrition must go together.

Although I continued competing in swimming along with other sports (e.g. MTB, windsurfing, skiing, volleyball and basketball), I always paid attention to the nutritional aspect. Finally, in 1994, I submerged myself into, a great passion of mine, the triathlon world where nutrition and supplements play an ever more important role for me.

In 1999, I trained and competed very hard and obtained the bronze EEG in the Olympic distance Cto. Spanish Triathlon. However, I was forced to retire from my objective of the year "El Home de Ferro de Ibiza", one of the first 226km long distance triathlons in Spain. It was there that I clearly became conscious of the nutritional importance in endurance sports. This challenge marked a before and an after in my sports and professional life.

In 2004, with my studies in Architecture completed and being pushed by my wife Pilar, who also wants to participate in a triathlon, I decided to return and compete with clearer and more ambitious goals... and that was it. I achieved positive results in both the Olympic and half distance races, however the half distance race continued to elude me due to the continuous digestive problems that occurred in the final hours of the competitions, a time when I needed my body the most.

In 2007, I realised that this problem was not only mine but also the largest obstacle for many athletes who have to overcome it to complete in a long-distance race. In conjunction with my doctor, coach, dietician, many sports-specific books, scientific studies and the testing of all of the available products on the market, I decided to begin a search for the cause of my digestive problems when competing and understand how to overcome it using the adequate ingredients and compounds.

In 2010, as a result of a through research, I began to conduct my own mixtures and decided to eliminate gluten, drastically reduce my sugar intake during exercise and use food sources of the purest and highest quality (natural elements). As a result, everything began to change. My performance improved and my body became familiar with the products.

During that summer, I set up 226ERS in an office, which was a little bigger than 12 square metres, in the basement of my home. 226ERS was born with the following three benchmarks.

The following year 2011, I gained my first classification in the Nice Ironman® for the World Ironman® Championships in Kona. A year later, 2012, I completed the Roth Challenge® in 8h 51' and the European ETU Long Distance Championship (M35). In 2013, I achieved the same time (8h 51') and a time of 2h 40' in the Seville Marathon. In 2014 and 2016, I classified again for the Ironman® World Championship in Kona, totaling a 3-time participation in the Triathlon Mecca.

At the rate with which we are growing as a brand, we are even more conscious that sport and nutrition, apart from being basic



elements to a healthy body and physical performance, are necessary for an optimal mental state. Nowadays, 226ERS has a range of over 80 products that are not only directly related with physical activity, but also products for other moments of the day, for sportsmen and sportswomen who seek to look after their health.

As we continually strive to follow the same pillars and excitement that marked our beginning, we always try to improve day-by-day, use the highest-quality ingredients, production and contributions, use natural products and pay special attention to the correct digestion of them. During this long road, our brand has not only

increased in available products but also in popularity on the global market.

Since our foundation, we have been a brand created for lovers of endurance sports. This dream is what motivates us to continuously improve and search for the best results from ourselves.

#FeedYourDreams

Jesus Sanchez
CEO & FOUNDER
226ERS SPORTS THINGS

BE
GOOD
TO YOU

NO GMO

ISOTONIC DRINK

Isotonic drink

- Mineral salts and water must be balanced for optimum performance:
- > A lack of water causes DEHYDRATION.
 - > A lack of salt causes HYONATRAEMIA.
 - > Both reduce performance and can be deadly

- We must provide the body with liquid and mineral salts, not just water.
- A lack of mineral salts causes:
- > Decrease in performance.
 - > Cramps.
 - > Hyponatremia in extreme cases.

- ISOTONIC DRINK contains:
- > Low kcal contribution, under 80 kcal / 500 ml.
 - > **Amylopectin** as a source of energy:
 - Absorbed by the stomach up to 80% faster
 - Restores muscle glycogen up to 70% faster
 - > **Mineral salts**:
 - Guaranteeing suitable levels for practising intensive sports.
 - > **Beta-alanine**:
 - Lactic Acid inhibitor that delays fatigue.



FORMATS

1 Kg
500g
Monodose 50g
(Lemon
y Red Fruits
flavours)

FLAVOURS

- Red Fruits
- Mango
- Lemon
- Cola

Specially recommended for intensive physical exercise or competitions lasting less than 90' and as a form of hydration and replenishment of mineral salt deposits prior to competing and recovering mineral salt levels after physical exercise.



Filling up Salts deposits (500 ml one hour before exercise).



As a contribution of salts take (500-800 ml per hour).



ENERGY DRINK

Energy drink

Product primarily designed to provide energy, essential for extensive workouts, long competitions or for pre-competition hydration.

- We use energy and minerals during exercise based on:
- > Environmental factors. Heat and humidity.
 - > Physiological factors. Consumption of energy and minerals.
 - > Nutritional factors. The diet we are following, or foods we consume.

- ENERGY DRINK CONTAINS:
- > **Amylopectin** as a source of energy:
 - Absorbed by the stomach up to 80% faster
 - Restores muscle glycogen up to 70% faster
 - > **Taurina** as a vasodilator:
 - Increases the transport of oxygen to the muscle.
 - Improves performance.
 - > **L-Carnitine** activates fat metabolism:
 - Preserves glycogen deposits.
 - Improves energy efficiency
 - > **Vitamin Complex:** extra contribution of the main vitamins.

GLUTEN FREE

PALEO

DOPING FREE

SUGAR FREE

LACTOSE FREE

EUROPEAN VEGETARIAN UNION
V-LABELLED

VEGAN

Its main advantage lies in its rapid supply of energy to the body without the need for sugars and in its low mineral salt content, which guarantees that the intake of other products containing minerals (gels, snack bars, capsules...) is not prejudicial.

It is specially recommended for use in physical exercise and competitions lasting 90' or more and for carb-loading prior to long lasting competitions.



Pre-competition hydration (refills glycogen deposits (before exercise).



Workouts or competitions lasting 90' to 4h maximum. (500ml/hour).

FORMATS

FLAVOURS

1 Kg

500g

Monodose 50g
(Lemon flavour)

Red Fruits

Mandarin

Lemon



sub9

ENERGY DRINK

Long distance energy drink

SUB9 ENERGY DRINK. Energy product specially recommended for workouts and competitions lasting more than 4 hours, such as ultra trails, long-distance triathlons, bicycle race routes or mountain biking in stages, among others.

This original product provides sufficient carbohydrates to ensure the energy needed for sporting performance, as well as rapid-assimilation proteins and BCAAs. 8:1:1 It also provides sodium, the mineral our body most consumes during exercise.

SUB9 - ENERGY DRINK contains:

- > **Amylopectin**: as a source of energy:
 - Absorbed by the stomach up to 80% faster
 - Restores muscle glycogen up to 70% faster.
- > **Whey protein isolate**: Numerous studies have shown that the intake of a mix of carbohydrates with high glycaemic indexes such as amylopectin, together with whey protein isolate, improves performance in long duration sports and prolongs time to exhaustion.
- > **BCAA's (8.1.1) + TYROSINE**. If we increase the intake of branched-chain amino acids such as leucine (8:1:1) and we add tyrosine, we avoid the decrease of neurotransmitter precursors such as dopamine.
- > **TAURINE + L-CARNITINE**. Taurine has antioxidant and anti-inflammatory properties and increases fat oxidation as an energy substratum, which, together with the carnitine for improving their transport into the mitochondria, promotes the use of the fat maintaining glycogen reserves, which is essential in long-duration sports. They help improve overall health, acting in synergy with the other nutrients.



FORMATS

1 Kg
Monodose 50g
(Watermelon
flavour)

FLAVOURS

- Watermelon
- Mango

This original product provides sufficient carbohydrates to ensure the energy needed for sporting performance, as well as rapid-assimilation proteins and BCAA's 8:1:1 It also provides sodium, the mineral our body most consumes during exercise.



Pre-competition hydration (refills
glycogen deposits (before exercise).



Training or competitions of more than 4h
(500-ml/hour).



RECOVERY DRINK

Recovery drink

After working out it is essential to recover as quickly as possible in order to:

- > Assimilate the training session.
- > Be able to perform at 100% the next day.

We must:

- > Protect and rebuild the muscle tissue “damaged” during the workout through the use of proteins and amino acids.
- > Replenish glycogen deposits as quickly as possible with quality carbohydrates.
- > Provide 15-25% proteins to carbohydrates.

We know:

- > How you behave after a strenuous workout.
- > That in addition to a specific product for recovery, you consume fruit, juices, sugary drinks, energy bars...
- > That all this carbohydrate intake reduces the proportion of proteins consumed, which hinders recovery.

RECOVERY DRINK:

- > 100% recovery because it contains around 50% of the best protein to carbohydrates.
- > It also provides:
- > L-Arginine (250mg per serving). Aids recovery.
- > Creatine (3 g per serving). Reduces recovery time and loss of muscle mass.



FORMATS

1Kg
500g
Monodose 50g
(Strawberry
and Chocolate
flavours)

FLAVOURS

- Vanilla Coffee
- Yogurt Lemon
- Watermelon
- Vanilla
- Strawberry
- Chocolate

Outstanding provision of efficient recovery with high proportion proteins. If RECOVERY DRINK were designed with 15-20% protein, like other products, upon ingesting other products its recovery capacity would be reduced because the protein proportion would also be reduced.



0'-30'. Right after a highly demanding or extensive workout or competition (250-500ml)



NIGHT RECOVERY CREAM

Creamy texture night recuperator

We introduce the ultimate recovery cream for making your recovery COMPLETE, QUICK AND DELICIOUS!

It is a custard or yoghurt-textured cream for eating with a spoon.

It is ideal to **drink at night before going to sleep**:

- > Improving performance on the most demanding days.
- > Performing at 100% in competitions in stages.
- > Daily recovery during the loading phase.
- > Taking the night before a competition.

It provides, among others:

- > **Calcium caseinate**. Slows amino acid metabolism and thus prolongs the synthesis of proteins, promoting muscle growth and strengthening muscles.
- > **Colostrum**. Provides amino acids that contain vital albumins for cell metabolism and cell regeneration and immunoglobulins that are essential antibodies and providers of protection against and prevention of infections that can attack the body.
- > **L-Glutamine**. For repairing muscle fibres and enabling protein synthesis. It also acts as a buffer against lactic acid, inhibiting its effects.
- > **L-Tryptophan**, Essential for aiding the liberation of the serotonin neurotransmitter, involved in regulating sleep and pleasure. Regulates anxiety, insomnia and stress
- > **Amylopectin**, As a carbohydrate, it dissipates insulin and improves protein absorption.

Preparation:

- > Put 2 product dosages (2x12.5g) in a small bowl (standard take). Pour the water or milk little by little (about 100 ml).
- > Stir with a spoon until you get the texture you want.
- > The product will thicken gradually as you mix it.



FORMATS

500gr
1 Kg

FLAVOURS

Chocolate
Vanilla

Calcium caseinate causes deep muscle tissue recovery aiding muscle regeneration. Possible problems caused as a result of organic weakness due to peaks of training are reduced by the protective action of Colostrum. At the same time, L-Glutamine, in addition to repairing muscle tissue, replaces the necessary levels to prevent lactic acid if we are competing the next day. It is a very complete product that is also enjoyable to eat and will undoubtedly become one of your essentials.



At night, just before going to bed on days of strenuous workouts, loading phases, the night before or after a competition.



K•WEEKS IMMUNE

Breakfast drink with **megaflora9**
evo

What is important to have a good immunity's own appropriate number and types of immunocompetent cells. great part of our immunity forging in the gastrointestinal tract, where appropriate micro biota (bacteria that live with us) favours our immunity.

Incorporation of the new **Megaflora 9 EVO** enhances the properties that characterise this product. It is a powerful mixture of high quality prebiotics (minerals and vegetable protein) and 9 different probiotic strains that will help us maintain good gut health and a healthy immune system, having a positive effect on our general health.

K-WEEKS IMMUNE is a drink for consuming at breakfast. It is designed for taking during periods of:

- > Maximum demand, whether due to volume or intensity.
- > Pre-competition phases.
- > Change of seasons.

Its composition provides 28g of protein per dose, which comes from whey protein isolate and collagen hydrolyzed protein:

- > Help maintain body tissues
- > Improve aches caused by effort
- > Help the elasticity and demands of cartilages, ligaments and tendons.

Among other:

- > **Megaflora 9 EVO** - probiotics: strengthens your gut flora and your immune system.
- > **Whey protein:** 70%.
- > **Collagen:** helps your joints and bones.
- > **Vitamin B6:** encourages the correct metabolism of glycogen and protein.
- > **Chamomile:** anti-inflammatory and antioxidant.
- > **Amino acids:** help in the formation of proteins.
- > **Royal Jelly:** strengthens the immune system.
- > **Beta - D Glucans:** reduces the glycaemic index.
- > **Inulin:** provides soluble fibre.
- > **Echinacea:** provides greater resistance.



This product, brings together a large number of compatible substances among them is the **Megaflora 9 EVO**, which improve your immune system in times of strong physical stress and exhaustion. This mixture facilitates decision and control each and every one of these favourable substances, leaving numerous capsules, vials and replacing the tablets getting sideways economy intake, incorporating daily routine and making it nice and comfortable.

AFTER WAKE UP

Drink for taking with breakfast or first thing in the morning.

FORMATS

1 Kg
(Chocolate and Cappuccino flavours)
500g

FLAVOURS

- Vanilla Coffee
- Cookie
- Chocolate
- Cappuccino



ISOLATE PROTEIN DRINK

High protein drink with STEVIA

GLUTEN
FREE

LOW
SUGAR

HIGH
PROTEIN
CONTENT

VEGE-
TARIAN

DOPING FREE

FORMAT
1 Kg

FLAVOURS
■ Watermelon
■ Chocolate

ISOLATE is an ultrafiltered whey protein isolate, so it has the same biological characteristics as whey peptides. Thus we obtain an extraordinarily high-protein substance that is low in fat and very low in sugar, which makes it the perfect option for athletes.

This product allows us to achieve a suitable protein intake, prior to exercise, due to absorption of amino acids by muscles being proportional to their transport and the proportion of blood flow to the muscles increases during physical exercise.

- We known:
- > The isolate is perfect for overload workouts.
 - > Recommended for achieving minimum protein intake on weight-loss programmes.
 - > Sweetened only with Stevia, it is completely natural and contains no calories.
 - > This protein is assimilated rapidly, accelerates recovery and reduces fatigue.



Just after or before a workout.

As a complement to a weight-loss or high-protein diet.



WHEY PROTEIN

High protein drink with STEVIA

Whey Protein is high in biological value, since it provides all the necessary essential amino acids for growth and for the maintenance of bodily functions.

The greatest advantage of concentrated proteins over common proteins found in foods such as meat or fish is that they are more easily and far more quickly absorbed, providing all the nutrients needed by your muscles. This makes them ideal for sportspeople who are making considerable muscle effort. After finishing high-intensity training, muscles absorb a larger amount of protein for repairing themselves thanks to a phenomenon denominated metabolic window, facilitating muscle recovery as small muscle damage is repaired, preparing the muscles for training on subsequent days.

With approximately 115 kcal per serving and 23 g of protein, of which 25% are BCAA, we have succeeded in making Whey Protein a low-carbohydrate, low-sugar protein shake sweetened with stevia, that contributes to:

- > Increasing muscle mass.
- > Retaining muscle mass.
- > Maintaining bones in normal conditions.

Available in a 1kg doy pack format that comes in 3 flavours:

- > Chocolate Blend, flavoured with powdered cocoa.
- > Vanilla Custard, flavoured with a touch of cinnamon.
- > Pineapple, with piña colada flavour.



FORMATS

1 Kg

FLAVOURS

- Blend Chocolate
- Vanilla Custard
- Pineapple



Just after or before a workout.

As a complement to a weight-loss or high-protein diet.

IF YOU
KNOW
THE WAY
YOU
HAVEN'T
GONE FAR
ENOUGH



CREATINA

Ergogenic aid, 100% Monohydrate Creatine



FORMATS
300g

FLAVOURS
■ Neutral

Creatine has alkalising capacities, and so it also acts as a neutraliser of the acid produced by the metabolism of the muscular cell itself and which correlates with fatigue.



- > **Fast load:** Take a dose of 20-30g (3-5 ladle) creatine divided in 4 divided doses daily for 7 days.
- > **Slow load:** Take for 6g/day (1 ladle) during 4 weeks.
- > **Maintenance:** Take 3g/day (1/2 ladle) for 8-10 weeks.

The largest amount of creatine is found in skeletal muscle, primarily in the form of phosphocreatine, which serves to generate energy quickly, but creatine also reduces lactate acidosis, thus delaying fatigue, and it has a restorative effect.

When is it good to use creatine? At the beginning of an aerobic workout, if not overweight.

- > Workouts consisting of short bursts of intense exercise with very little recovery time.
- > Sports with intermittent exercise (football, basketball, volley ball, racket sports, etc.)



GLUTAMINE

Ergogenic aid, 100% Glutamine

The glutamine is the most abundant amino acid in our body. It is involved in numerous processes:

- > It is used as a fuel by immune system cells and by the cells in the intestine.
- > It prevents muscular destruction after intense physical activity.

It is known that:

Glutamine is a substance found in food such as meat, poultry meat, fish and dairy products.

Circumstances in which glutamine may be considered important or in which it may be beneficial:

- > Trainings requiring a tough endurance exercise.
- > Integrity of the intestinal lining.
- > Training Intensity.



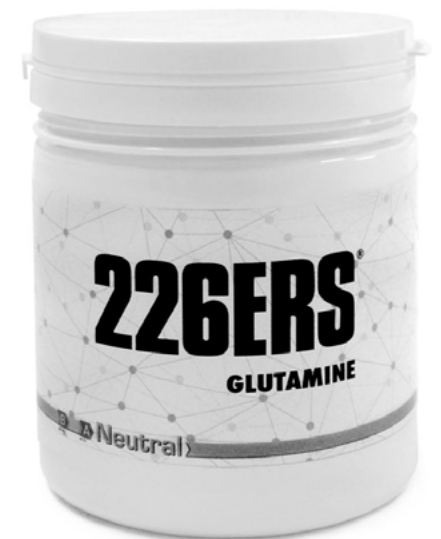
In normal conditions, the body is capable of synthesising the necessary quantities, but during times of stress or excessive loads, the synthesis capacity is compromised and an exogenous supply is needed; in fact, low levels of glutamine have been identified in situations of over-training and fatigue



Take a maximum of 25g / day with water.
(recommendation: 2 scoop before and 2 scoops after training).

FORMATS
300g

FLAVOURS
■ Neutral



BCAA's 8:1:1

Ergogenic aid, Leucine+, Valine and Isoleucine

Branched-chain amino acids, Leucine, Valine and Isoleucine (BCAAs) metabolise in the muscle, unlike other amino acids (in general) which metabolise in the liver.

The combination of these essential amino acids makes up almost a third of skeletal muscles in the human body and they play a very important role in protein synthesis

Some studies show that BCAAs can help:

- > Provide metabolic energy to muscles.
- > Preserve glycogen deposits.
- > They have an anabolic effect (primarily thanks to the leucine), actively participating in muscle recovery.



BCAAs carry out a number of functions in the body, including providing energy to muscles during intense exercise (see previous post), aiding protein synthesis and stopping the catabolic process.



Take a maximum of 15 g / day in 500 ml of water. (recommendation: 1 scoop before and 2 scoops after training).

FORMATO
300g

SABORES
■ Neutral
■ Lemon
■ Cola



6.4 AMINO⁺

Glutamine, BCAA's, Arginine & Tyrosine

The **GLUTAMINE** is a non-essential amino acid but with a big presence in our body. In fact, it is the most abundant amino acid in the musculature, reaching the 60% and 20% of the total set of amino acids in the human body.

Among its functions, we can emphasize the cell proliferation, the regulation of the protein synthesis, the energy production, the neoglucogenesis, the ammonium clearance or the maintenance of the balance of acid base. It is also considered as a recovery, because it can help to reduce the levels of Creatine Kinase (CK) and lactate dehydrogenase (LDH) in blood.

The **BCAAs** are three essential amino acids: Leucine, Isoleucine and Valine. They are also known as branched chain amino acids and their main functions are attributed to muscle recovery and protein synthesis, as well as to reduce the central fatigue in long-term tests when the BCAAs themselves are oxidized to obtain energy. The ratio 8: 1: 1 with extra amount of Leucine as this is the one that initiates the processes of protein synthesis.

The **L-TYROSINE** takes part in the production of amino acids that maintain the brain functioning so it has a positive impact on the mental energy and the performance.

The **L-ARGININE** has a stimulating effect and it dilates the vessels, thus it improves the supply of nutrients to the muscle cells and, therefore, the performance. The L-arginine also helps to improve the muscle mass and to lose fat at the same time, as well as to strengthen the immune system.

- This product is recommended for the following situations:
- > In weeks of intensified training.
 - > Before realizing high intensity trainings.
 - > In periods of fatigue or overload.
 - > In weeks of competition in order to guarantee the complete recovery.
 - > Before and after strength training.
 - > Even during long-term trainings.



Glutamine + BCAA + L-Arginine + L-Tyrosine capsules, formulated in the proportion of 60: 40 of Glutamine / BCAA 8: 1: 1

With this 60:40 proportion, it is intended to slightly influence the role of the glutamine as a recovery, which is essential for long-term activities where the levels of glutamine in blood go down, as well as for short duration and high intensity activities where the ammonium production can be increased due to the anabolic capacity of the BCAA, which helps the post-exercise protein synthesis and to prevent the central fatigue in tests or long-term trainings.

This is the reason why the combination of both ingredients together with the Arginine and the Tyrosine, make this an excellent product for both strength and resistance sports.



Take 3 capsules just before exercise



3 capsules immediately after exercise.

FORMAT
Bottle 120 capsules

FLAVOUR
Neutral



INSPIRATION
DOESN'T
JUST
APPEAR,
YOU HAVE
TO
FIND IT



SALTS ELECTROLYTES

Salts Electrolytes

The body's salt level is critical for optimum performance:

- > Salts help rehydrate the body.
- > They regulate muscle contraction.

Sodium is the mineral salt our body most uses during exercise:

- > Sodium and potassium regulate muscle contraction.
- > A lack of either of these two minerals can produce muscle cramps.
- > It improves water absorption.

In addition, calcium

- > Reduces acidity in the body.
- > Neutralises lactic acid.
- > Delays the appearance of fatigue.

This way, by using SALTS:

- > We ensure a good mineral salt level in the body.
- > For long training sessions:
 - We eliminate muscle cramp.
- > In high-intensity sessions:
 - We delay fatigue.

Also this product:

- > Contains no calories.
- > Helps reduce body weight.
- > Guarantees high performance with good mineral salt levels.



FORMAT
Bottle 100 capsules

FLAVOUR
Neutral

Ideal for maintaining salt deposits at optimum levels during particularly hot seasons, during long-duration sports activity or for people with heavy perspiration. It can also be used to reduce body weight as it ensures the supply of necessary mineral salts preventing dehydration, without adding any calories to the body.



Take 1 capsule 30' before exercise.



Take 1 capsule 30 minutes before and after exercise and 1 capsule every 30 - 60 minutes during exercise with at least one glass of water (150ml).



1 capsule 30' after exercise.





SALTS ELECTROLYTES

Salts Electrolytes with ginger

GLUTEN FREE

NO ADDED SUGAR

PALEO

LACTOSE FREE

DOPING FREE

VEGAN

FORMATS

Bottle 100 capsules
Monodose

FLAVOUR

Neutral

Their format allows for easy transport and improves the use of the product during exercise, ensuring, at the same time, that the capsules are perfectly conserved.



Take 1 capsule 30' before the exercise.



1 capsule every 30 -60 minutes during exercise with at last one glass of water (150 ml).



1 capsule to accelerate recovery.

SUB9-SALTS are the evolution of SALTS ELECTROLYTES for continuous intake during more extensive exercise.
As for the minerals, sodium has been increased to 250mg. Also contains Magnesium, Potassium and Calcium.





SALS ELECTROLYTES

Salts Electrolytes with Caffeine

SUB9 PRO ELECTROLYTE SALTS are a variation on our SUB9 ELECTROLYTE SALTS, with ginger removed and caffeine added.

They are formulated to replace lost electrolytes during exercise and physical exertion, with an extra supply of caffeine (40 mg/capsule) for those who want to perform at their best.

They help prevent dehydration and consequently cramp and injuries.

SUB9 PRO ELECTROLYTE SALTS provide an adequate proportion of salts and minerals that are lost through perspiration during exercise and competition, while re-hydrating the body so it functions properly.

- Each capsule contains
- > 250 mg sodium
 - > 54 mg potassium
 - > 2,5 mg calcium
 - > 34,6 mg magnesium

It also contains vitamin D to help in the absorption and utilisation of calcium, and vitamin B6 which is essential for enzymes to work well to facilitate protein metabolism.

- Caffeine mainly:
- > Increase alertness.
 - > Reduces fatigue.
 - > Stimulates the mobilisation of fats, thus increasing the availability of fuel for muscles to work; thus saving glycogen reserves.

They are very easy to take because of their capsule format and easy to digest due to their high-quality ingredients. Gluten-free and suitable for vegans.

GLUTEN FREE

NO ADDED SUGAR

PALEO

DOPING FREE

Vitamin and mineral based food supplement; contains caffeine (40 mg/capsule). Indicated for situations of heat and/or high humidity during exercise, to reduce muscle cramps and prevent a drop in performance due to dehydration during exercise.

Caffeine reduces fatigue and improves the energy efficiency of the individual during exercise.

B

D

A

BEFORE

DURING

AFTER

30' minutes before exercise 1 capsule to get a good level of salts.

B

D

A

BEFORE

DURING

AFTER

1 capsule every 30'- 60' (minutes) during exercise, with at least one glass of water during your intake (150ml).

FORMATS

FLAVOUR

Bottle 100 capsules
Monodose

Neutral



HYDRAZERO

Hypotonic Drink

When doing exercise, Hydrazero is an essential mineral salt drink as the loss of electrolytes has to be replenished in order to perform efficiently not only in competitions but also in training.

Each dose of Hydrazero contains:
> 500mg of sodium which improves hydration and provides a better, more proportioned balance of body fluids.

As it is a **HYPOTONIC DRINK**, its osmolality is less than that of blood plasma something that intracellular hydration favours. As well as this, using this type of drink reduces the risk of having an upset stomach.

Its formula contains **STEVIA** which provides zero sugar, therefore allowing replenishment of lost electrolytes without adding calories.

Available in three refreshing flavours (lemon,tropical, and sour strawberry) that permit rehydration while enjoying a drink that has a pleasant taste.

Prepare the Hydrazero and consume during training sessions.

It can also be consumed to hydrate before training and to replenish the electrolyte stores after training.

The intake is designed with 750 ml water bottle If a 500ml or 1l water bottle is preferred, the taste in relation to the quantity of water may be strengthened or reduced. Nonetheless, the characteristics of the product will remain unchanged, and it will continue to be hypotonic and provide the same quantity of salts.



FORMATS	FLAVOURS
Case 14 Monodose (7,5g)	Lemon
225g	Tropical
	Sour Strawberry



It should particularly be consumed while training or competing as a form of hydration, recuperating the levels of mineral salts after physical exercise or replenishing mineral salts stores before trainings or competitions.



Before the exercise as a form of hydration.



During the training session, as loading mineral salts.



After the exercise as a form of hydration.



sub9

RACE DAY

Energy drink with Cyclodextrin and Palatinose.

Sub9 Race Day is currently the energy sports drink containing the most carbohydrates per serving. To enable its 82 g of carbohydrates and its 332 kcal to be absorbed, we have worked to obtain a low-osmolarity drink by using **Cyclodextrin** and **Palatinose** as its main ingredients. These latest-generation carbohydrates are more efficient at replenishing glycogen in the body:

- > They provide a prolonged, perfect release of energy during and after exercise.
- > Fewer insulin peaks, favouring the use of glucose at cell level over a shorter period of time and maintaining blood sugar level for longer.
- > Rapid gastric emptying thanks to its high molecular weight and low osmolarity, favouring digestion and reducing secondary gastrointestinal effects.
- > Does not inhibit fat combustion.

Provides practically 1g of BCAAs in an 8:1:1 proportion with extra Leucine per serving. The combination of these essential amino acids is perfect for endurance sport given that:

- > They provide metabolic energy for the muscles.
- > They preserve glycogen levels.
- > They have an anabolic effect (mainly thanks to leucine), actively participating in the process of muscle recovery.

Provides 460 mg of **Sodium** derived from the use of sea salt. In hot temperatures and high humidity, it can be supplemented with extra sodium, preferably using capsules, at a rate of 1 g of Sodium per litre of water.

Sub 9 Race Day is suitable for vegans. It comes in a single-dose format with a mild lemon flavour.

Prepare it by adding a little water to the can, dissolve the powder from the sachet in it, shake vigorously and top up with water.



FORMATS

Monodose 87,5g

FLAVOURS

Soft Lemon

Energy drink with a high carbohydrate content derived from Cyclodextrin and Palatinose, its main characteristic being low osmolarity for good absorption. Contains almost 1 g of BCAAs per serving, in an 8:1:1 proportion, as well as 460 mg of sodium derived from the use of sea salt and 230 mg of L-Carnitine.



Filling carbohydrate tanks (500 ml during the hour before exercise).



In training or competitions from 500 ml / hour.



CAFFEINE EXPRESS

100mg caffeine per capsule

Capsules with 100 mg of caffeine with an instant effect, not delayed, for the most demanding moments of the day.

The main ingredient is caffeine anhydrous, this is caffeine with all its properties intact simply dehydrated, achieving the same effects as the caffeine found in coffee, tea, etc... and ready to consume in solid form.

- Caffeine mainly:
- > Increases alertness, thereby helping to increase performance.
 - > Reduces fatigue.
 - > Stimulates the mobilisation of fat thereby increasing the availability of fuel for muscle work.
 - > Optimises the availability of glycogen stores.

They are very easy to take due to their capsule format and easy to digest due to their high quality, gluten-free, lactose-free, sugar-free ingredients that are suitable for vegans.



Caffeine is a stimulant that boosts the central nervous system by increasing energy levels while reducing fatigue and tiredness and increasing mental attention and concentration



Take between 1 and 4 capsules 45 mins before or during training - competition (every 45-60 mins) with at least 1 glass of water (150 ml).

FORMAT
Bottle 100 capsules

FLAVOUR
Neutral



COLL•EGG

Eggshell membrane, natural extract and calcium.

COLL EGG are avian egg collagen capsules with a unique natural composition. Among its main ingredients we can find:

- > **Eggshell membrane:** OVOMET® is a natural product and a rich source of proteins and essential nutrients obtained from eggshell membrane. It is highly efficient in treatment of joint pain and stiffness of joints. Main benefits:
 - Reduces pain.
 - Reduces inflammation.
 - Maintains and regenerates cartilage.
 - 100% natural product without side effects.
 - Very low daily dosage, 300mg.
 - Improves joint flexibility and functionality.
 - Strengthens joints.
 - Treatment for osteoarthritis, arthritis and arthrosis (rheumatoid disease).
 - Prevents joint injury.
 - Aids activation and modulation of the immune system.
 - Proven positive effects from day.
- > **Calcium:** OVOCET® OVOCET® is a more assimilable and natural source of calcium. It combines calcium carbonate with transport proteins for maximum absorption compared to other sources of calcium.
- > **Turmelic:** Has many health benefits, one of the most important being that it helps relieve arthritis pain.
- > **Black Pepper:** This is a highly antioxidant seasoning that prevents cell oxidation and helps with their correct functioning.
- > **Boswellia serrata:** Herb commonly used in Ayurvedic medicine to treat arthritis and osteoarthritis. Effective against the pain and inflammation caused by the disease. The active ingredient, boswellia acid, is an anti-inflammatory. It alleviates pain in arthritic joints.



FORMAT
Bottle 60 capsules

FLAVOUR
Neutral

OVOMET® is a totally natural collagen manufactured through a patented process that is environmentally sustainable and friendly, without the use of chemical products. Helps treat joints affected by pain and rigidity.

OVOCET®, calcium carbonate, provides high-assimilation calcium. It contains trace elements, such as strontium, to strengthen bones.

Recommended does is one capsule per day or 2 capsules for intensive training.



VEGAN FAT BURNER



FORMAT

Bottle 90 capsules

FLAVOUR

Neutral

Food supplement with coffee and green tea, chromium picolinate, cayenne and L-carnitine.

Vegan Fat Burner, as its name indicates, is a vegan fat burner made solely of ingredients that help this functions like Green Tea, Green Coffee, L-carnitine, Bitter Orange, Ceylon Cinnamon, Cayenne and Chromium Picolinate.

Three capsules contain 38 mg of caffeine provided by the natural ingredients.

Las cápsulas Vegan Fat Burner han sido formuladas para ayudar a optimizar la masa corporal con el fin de alcanzar objetivos deportivos o mejorar nuestra salud y bienestar.

Ingredients:

- > **Green Tea and Green Coffee:** They help to mobilise fat reserves and oxidate stored fats. Helps to maintain a state of alertness and provides a greater feeling of energy, improving physical performance.
- > **L-Carnitine:** plays an important role in the metabolism of lipids by turning fatty acids into energy in the places where it is used and metabolised. It also maintains optimal recovery of the muscle tissue.
- > **Bitter Orange:** helps to control weight by increasing the degradation of lipids.
- > **Ceylon Cinnamon:** helps to maintain active digestion.
- > **Chromium Picolinate:** chromium enhances the effect of insulin and, therefore, increases the metabolism of carbohydrates, lipids and proteins.
- > **Cayenne:** Promotes the secretion of gastric acids and thus contributes to better digestion.

Vegan Fat Burner as the name suggests is a vegan fat burner composed only of ingredients that favor this function such as Green Tea, Green Coffee, L-Carnitine, Bitter Orange, Ceylon Cinnamon, Cayenne and Chromium Picolinate.



Take 1 or 2 capsules in breakfast



1 capsule in lunch.



VEGAN VITAMIN⁺

Vitaminas, Minerales, Silicio Orgánico y Q10



FORMAT

Bottle 60 capsules

FLAVOUR

Neutral

Capsule specially formulated to meet the needs of sportspeople of all levels. With 24 vitamins and minerals, the added bonus of Organic Silicon from Bamboo and Coenzyme Q10.

Vitamins and mineral are essential for the proper functioning of the body, especially at some times when we subject the body to training loads, stress or lack of rest.

Vegan Vitamin + contains all the necessary vitamins and minerals, including the following:

- > **Vitamin C** (500mg - 625% of the NRV): it is a powerful antioxidant with multiple anti-inflammatory, immunological and antihistamine functions.
- > **Vitamin E** (40 mg - 333,33% of the NRV): With antioxidant properties, it is beneficial for the circulatory system.
- > **Vitamin B12** (1,4 mg - 400% of the NRV): helps to develop the nervous system. and is involved in the protein metabolism of carbohydrates and fats.
- > **Iron** (14 mg - 100% NRV): it is essential as its main function is to produce haemoglobin, which is fundamental for cellular oxygenations.
- > **Magnesium** (200 mg): prevents muscle damage and joint injuries. It reduces the feeling of fatigue and improves the assimilation of other vitamins and minerals.
- > **Organic silicon** (25 mg) extracted from the bamboo dry extract: it is an essential mineral for the body. Its main function is to help produce collagen, which is essential for bones, cartilage, tendons and muscles to form, providing elasticity to all tissues. It is an antioxidant and is involved in the processes of joint pain and inflammation.
- > **Coenzyme Q10**: it is a molecule that our body produces naturally until we reach the age of about 40. It helps to transform nutrients into energy and it has a multitude of benefits such as strengthening the immune system, reducing tiredness and slowing down the aging process as it reduces oxidative stress in cells.

Vitamins and minerals are essential for the proper functioning of the body, especially at some times when we subject the body to training loads, stress or lack of rest.

Intake 2 capsules between meals.



FISH OIL OMEGA 3

Omega 3 fish oil in shape natural triglycerides.

Omega-3 EPA (Eicosapentaenoic Acid) and **Omega-3 DHA** (Docosahexaenoic Acid) are long-chain, polyunsaturated essential fatty acids that are indispensable for the proper functioning of our body since they contribute to normal heart function, with all the benefits this entails for any individual who consumes them, regardless of whether or not they practice sport.

However, our body is limited in its ability to synthesize them on its own. This is why an external input of these types of essential nutrients is required in order to supplement our natural deficiency.

Numerous studies demonstrate the positive effects that continued consumption of essential acids **Omega-3 EPA** and **DHA** has on Cardiovascular, Ocular, Cognitive, Gynaecological and Dermatological Health as well as other benefits such as their antioxidant and anti-inflammatory effect.

We have used sustainably-sourced fish oil as well as the technologies of the Solutex ® brand.

The raw materials employed are exclusively sourced from regulated farming and fishing activities.

It uses FLUTEX concentration and purification technology in which the entire amount of Omega-3 is absorbed and is bioavailable, with the benefits being experienced in the short term:

- >Maximum purity of **Omega-3** and minimal concentration of saturated fats.
- >It uses the **SFT** (Supercritical Fluid Technology) technique, which does not employ organic solvents that could mix with the end product and contaminate it. Furthermore, it does not generate environmental waste in the process.
- >**Cleantex** is a patented purification process using nitrogen for removing contaminant residue, including heavy metals, PCBs, dioxins and others. This means no residue, thus ensuring a pure and safe product.
- >The oil also undergoes a **deodorizing process** to remove residual odour and flavour.



FORMAT
Bottle 120 softgel

FLAVOUR
Neutral

Omega-3 from premium-quality, sustainably-sourced fish carefully processed with patented Solutex ® brand methods.

Each softgel provides 600 mg of Omega-3 with 500 mg of DHA and 100 mg of EPA in the form of natural triglyceride, which is the natural form of lipids in a diet and not in the form of synthetic Ethyl Ester, which means that greater absorption capacity and bioavailability is attained.

Take 2 softgel during meals.



OMEGA 3 VEGAN

Omega 3 vegan based on algae oil

Omega-3 EPA (Eicosapentaenoic Acid) and **Omega-3 DHA** (Docosahexaenoic Acid) are long-chain, polyunsaturated essential fatty acids that are indispensable for the proper functioning of our body since they contribute to normal heart function, with all the benefits this entails for any individual who consumes them, regardless of whether or not they practice sport.

However, our body is limited in its ability to synthesize them on its own. This is why an external input of these types of essential nutrients is required in order to supplement our natural deficiency.

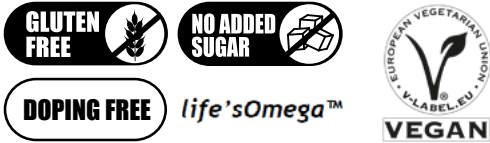
Numerous studies demonstrate the positive effects that continued consumption of essential acids **Omega-3 EPA** and **DHA** has on Cardiovascular, Ocular, Cognitive, Gynaecological and Dermatological Health as well as other benefits such as their antioxidant and anti-inflammatory effect.

Most people know that fish is a rich source of Omega-3, but what they do not know is that fish obtain DHA and EPA from algae, which form part of their food chain.

Our softgel pearls contain **Life's OMEGA** algae oil only, which goes directly to the source to produce DHA and EPA from the same microalgae that feed the fish.

Cultivated in a controlled environment, it is a vegetable-based, sustainable source of Omega-3.

The process begins with the initial cultivation of algae cells. These microalgae grow in fermenters. Once grown, the algae are picked and processed to extract a very pure transparent oil, amber in colour and rich in Omega-3.



FORMATO
Bote 60 perlas.

SABORES
■ Neutral

Omega 3 softgel pearls are entirely formulated with Life's Omega 60, a nutritional oil derived from the marine alga Schizochytrium sp., a rich source of Omega-3, docosahexaenoic acid (DHA) and eicosapentaenoic acid (EPA).

The softgel is tapioca starch gelatine and is therefore suitable for vegans.

They are suitable for all stages in life, from pregnant and breastfeeding women to babies, children, adults and the elderly.

Each softgel provides 275 mg of Omega-3, with 150 mg of DHA and 75 mg of EPA.

Take 1 softgel during meals.



VEGAN BETA- ALANINA

Beta Alanine is a nonessential amino acid synthesized in the liver that can be ingested with food, particularly through animal-based sources or through supplements.

Several studies have demonstrated that Beta Alanine favours the synthesis of carnosine within muscle fibres, significantly raising the levels of this substance in muscles.

Its main functions are:

- > **Regulating the pH**, preventing acidity in the body produced by lactate. This delays the appearance of fatigue.
- > **Maintaining stores of ATP**, which is the source of energy for cell functions.
- > **Boosting sensitivity to calcium in muscle fibres**, increasing strength while reducing fatigue during muscle activity.



FORMAT
Bottle 90 capsules

FLAVOUR
Neutral

Beta Alanine capsules containing 800 mg per unit, suitable for vegans.

No chemical anti-caking agents have been used in the formulation, thus obtaining a purer product.

Take 2 or 4 capsules a day.



VEGAN MAGNESIUM BISGLYCINATE

Magnesium chelate, Zinc and Vitamin B6

Nowadays most minerals used in the food supplements market are in inorganic form (oxides, carbonates, sulphates, etc.), of which the body absorbs little.

The chelates produced by Albion® used in nutritional supplements provide complete organic mineral nutrition:

- >Better absorption, since magnesium is carried to the cells bound with an amino acid. It is absorbed 5 times more than magnesium oxide.
- >It does not break down in the digestive process and so does not cause irritation in the gastrointestinal tract and increases bioavailability.
- >They do not need ionization and do not depend on the pH, resulting in improved absorption and greater bioavailability.

Bioavailability is key: it is the measure of the amount of an ingested nutrient that is absorbed and made available to the body for metabolic use. It is important because the nutrients must be absorbed for them to be available in several body systems for growth, for maintaining body tissues, for reproduction and other performance factors.

A low concentration of magnesium may negatively affect sports performance.
A supply of highly bioavailable magnesium such as **Magnesium Bisglycinate** by Albion ® contributes to:

- >Reducing tiredness and fatigue.
- >Electrolyte balance.
- >Normal energy metabolism.
- >Normal nervous system function.
- >Normal muscle function.
- >Normal protein synthesis.
- >Maintaining bones in normal conditions.

In addition, it contains extra Vitamin B6, which, as well as helping to reduce tiredness and fatigue, also contributes to:

- >The normal formation of red blood cells.
- >The normal function of the nervous system.

Plus the input of Zinc, which contributes to:

- >The normal metabolism of macronutrients and fatty acids.
- >Maintaining bones in normal condition.
- >The normal function of the nervous system.
- >The protection of cells from oxidative damage.



FORMAT
Bottle 90 capsules

FLAVOUR
Neutral

The main ingredient of Magnesium capsules is Chelated Magnesium Bisglycinate from the Albion® brand. With 400mg of this ingredient combined with Zinc and Vitamin B6 to boost its benefits in physical performance.

Each capsule provides 72 mg of maximum-bioavailability active Magnesium and 15% of zinc VRN AND Vitamin B6, suitable for vegans.

Organic anti-caking agents derived from ecological rice have been employed.

Take 3 or 4 capsules a day.



BIO ENERGY GELS

Natural Aroma & Organic Ingredients



FORMATS

- Tube 25mg
- Stick 40mg
- Stick 25mg

FLAVOURS

WITH CAFFEINE

- Lemon
- Melon
- Coffee
- Forest Fruit
- Cola

CAFFEINE FREE

- Strawberry & banana
- Mango

EXTRA SODIUM

- Caramel

The composition also contains minerals, primarily Sodium. This is eliminated through perspiration. An acute reduction of salt can cause muscular cramps, weakness and, in extreme cases, hyponatraemia. Its presence in the body increases the rate of water absorption, delays fatigue and reduces the production of urine, increasing fluid levels.

It also contains Potassium. Potassium is lost in every muscle contraction. Potassium is important for transmitting nerve impulses.



Take 1 gel every 20'- 60 'minutes (depending on the gel you take) with water.

There are situations of maximum physical demand in which a gel product is fundamental due to its:

- > Ease of transport.
- > Ease of use.
- > Maximum highly-concentrated energy available.

With BIO ingredients.

- > Fruit, caffeine and complex and simple carbohydrate syrups come from eco agriculture, as well as flavors used. Since we eliminate chemical substances that slow down different metabolic processes, we get better flavor and better assimilation.

- > Differents options: Caffeine free, with caffeine and Extra Sodium.

Depending on your needs, you may choose caffeine-free or different amounts of caffeine (from 25mg to 160mg):

- > Preserves glycogen deposits.
- > Mobilises fatty acids.
- > During aerobic workouts it delays time to exhaustion.
- > Causes an increase in muscle contraction strength.



VEGAN SPORT GUMMIES

Energy filled chews containing pectin, golden sugar and organic rice syrup.

Vegan Sport Gummies are a source of carbohydrate. The consumption of carbohydrates helps maintain blood glucose, providing energy to our body while maintaining top physical performance.

The new 226ERS formula with improved ingredients and a new smaller format mean they are ideal for both training and competitions. Advantages:

- > Very pleasant to eat due to their texture; making them easier to chew and digest.
- > Easy to transport. New 5 gummies format of 30 g per container provides about the same energy as jelly.
- > Mix of carbohydrates that give us energy, with the main ingredients being organic, such as golden sugar and rice syrup, providing high quality energy, in addition to ensuring better assimilation of the carbohydrates.

Two formulations with different features:

sub9 BCAAs - MANGO: A very pleasant fruity flavour with contribution of BCAAs in the ratio 8:1:1, Tyrosine and Taurine.

- > BCAAs 8:1:1, Branched amino acids, leucine, valine and isoleucine are metabolised in the muscle, unlike most amino acids which are metabolised in the liver. They help preserve glycogen levels, in addition to having an anabolic effect (mainly thanks to leucine); they participate actively in the muscle recovery process.
- > TYROSINE: Involved in the production of the amino acids that maintain brain functioning, so it has a positive impact on mental energy and performance.
- > TAURINE: Increases strength and endurance naturally. Decreases protein catabolism. It has antioxidant and anti-inflammatory properties, and increases the oxidation of fats as an energy substrate.
- > SODIUM: Containing 60 mg of sodium per bag, this is essential for the functioning of cells, body fluids and regulation of blood pressure, blood volume and pH.

CAFFEINE CHERRY-COLA: Cherry and cola flavour, with a contribution of Caffeine and Taurine for those who want bit of a boost.

- > CAFFEINE: Vegan Sport Gummies provide 50 mg of caffeine, which increases alertness and helps increase performance and reduce fatigue. It stimulates the mobilisation of fats by increasing the availability of fuel for muscle work; thus optimising glycogen reserves.
- > Provides the same amount of SODIUM and TAURINE as the SUB 9 BCAAs.



FORMAT	FLAVOURS
30g (5 units - 6g)	Mango
	Cherry & Cola

Vegan Sport Gummies are vegan chews formulated with a mix of high quality carbohydrate and pectin as a thickener, giving a more pleasant texture. Now also suitable for vegans. Available in two flavours: Mango with BCAA 8:1:1 and Cherry & Cola with Caffeine.



Take 5 units every 30'-45' during the exercise with 300ml of water.

Ideal for those who need energy for both training and competitions and prefer not to use a jelly format.



VEGAN GUMMY BAR

Energy filled chews containing pectin, golden sugar and organic rice syrup.

Vegan Gummy Bars are a source of carbohydrates. The consumption of carbohydrates helps maintain glucose in the blood, provides energy and maintains high physical performance. They are 30g bars with a jelly texture that make them ideal for both training and in competitions. They are equivalent to eating a bag of jelly beans, but their bar format makes them easier to eat all at once.

- Advantages:
- > Very pleasant to eat due to their texture; making them easier to chew and digest.
 - > Easy to transport. New 5 gummies format of 30 g per container provides about the same energy as jelly.
 - > Mix of carbohydrates that give us energy, with the main ingredients being organic, such as golden sugar and rice syrup, providing high quality energy, in addition to ensuring better assimilation of the carbohydrates.

Two formulations with different features:

- sub9 BCAAs - MANGO:** A very pleasant fruity flavour with contribution of BCAAs in the ratio 8:1:1, Tyrosine and Taurine.
- > BCAAs 8:1:1, Branched amino acids, leucine, valine and isoleucine are metabolised in the muscle, unlike most amino acids which are metabolised in the liver. They help preserve glycogen levels, in addition to having an anabolic effect (mainly thanks to leucine); they participate actively in the muscle recovery process.
 - > TYROSINE: Involved in the production of the amino acids that maintain brain functioning, so it has a positive impact on mental energy and performance.
 - > TAURINE: Increases strength and endurance naturally. Decreases protein catabolism. It has antioxidant and anti-inflammatory properties, and increases the oxidation of fats as an energy substrate.
 - > SODIUM: Containing 60 mg of sodium per bag, this is essential for the functioning of cells, body fluids and regulation of blood pressure, blood volume and pH.

CAFFEINE CHERRY-COLA: Cherry and cola flavour, with a contribution of Caffeine and Taurine for those who want bit of a boost.

- > CAFFEINE: Vegan Sport Gummies provide 50 mg of caffeine, which increases alertness and helps increase performance and reduce fatigue. It stimulates the mobilisation of fats by increasing the availability of fuel for muscle work; thus optimising glycogen reserves.
- > Provides the same amount of SODIUM and TAURINE as the SUB 9 BCAAs.

ELECTROLYTES ORANGE: Natural aroma and sea salt, but no colouring have been used.
LIME: Made with sea salt and natural colouring (chlorophyll).



Vegan Gummy Bars are energy bars with a jelly texture formulated with a high quality carbohydrate mix and pectin, and so are suitable for vegans. Available in two flavours: Mango with BCAA 8:1:1 and Cherry & Cola with Caffeine.

An Electrolyte Gummy Bar contains 125 mg of sodium, 27 mg of magnesium and 9 mg of potassium.

Two gummy bars contain the same amount of mineral salt as a Sub9 Salt Electrolyte capsule.



Take 1 unit every 30'-45' during the exercise with 200ml of water.

Ideal for those who need energy for both training and competitions and prefer not to use a jelly format.

FORMAT	FLAVOURS
30g	<div></div> Mango
	<div></div> Cherry & Cola



HIGH ENERGY GEL

Energy gel with cyclodextrin and natural aromas



FORMAT
76g

- FLAVOURS
- Lemon
 - Blackcurrant
 - Cherry

High Energy Gel is an energy gel in which the main source of carbohydrates is cyclodextrin, a cutting-edge carbohydrate that provides improved and more efficient glycogen replenishment.

- > It provides prolonged energy release, which is ideal during and after exercise.
- > A lower insulin peak, favouring the use of glucose at cellular level over a shorter timespan while maintaining the blood sugar level for longer.
- > Rapid gastric emptying thanks to its high molecular weight and low osmolality, favouring digestion and reducing secondary gastrointestinal effects.
- > Does not inhibit fat burning.

In a 76-g, 200-kcal stick format containing 50 g of carbohydrates per gel unit in a 1:1 ratio for complex and simple carbohydrates.

- The aromas used are natural and achieve really good flavours:
- > Lemon: pure formula, BCAA- and caffeine-free.
 - > Blackcurrant: with 1 g of BCAAs in an 8:1:1 ratio
 - > Cherry: with 160 mg of caffeine

Energy gel with cyclodextrin, natural aromas and a high carbohydrate content, 200 Kcal per gel unit.

In three flavours and with different properties and characteristics.



You can consume up to 2 sticks per hour during exercise with 500 ml of water as necessary. Always stay hydrated. Store in a cool dry place.



ISOTONIC GEL

Isotonic energy gel with cyclodextrin, natural aromas and stevia.

This isotonic gel is an energy gel in which the main source of carbohydrates is cyclodextrin, a cutting-edge carbohydrate that provides improved and more efficient glycogen replenishment.

- > It provides prolonged energy release, which is ideal during and after exercise.
- > A lower insulin peak, favouring the use of glucose at cellular level over a shorter timespan while maintaining the blood sugar level for longer.
- > Rapid gastric emptying thanks to its high molecular weight and low osmolality, favouring digestion and reducing secondary gastrointestinal effects.
- > Does not inhibit fat burning.

Its main characteristic is that no water is required for its intake since the gel contains the necessary amount for its consumption.

In a 68g, 89-kcal stick format, it contains 22g of carbohydrates per unit, of which practically the entirety are complex hydrates and only 1.4 g is sugar.

A natural aroma is used, making its LIME flavour very good and refreshing.



FORMAT
68g

FLAVOURS
■ Lime

Gel based on carbohydrates (22g), cyclodextrin and natural flavouring. With sweetener and sugar.

Isotonic energy gel with cyclodextrin, natural aromas and stevia natural sweetener.



Consume 3 sticks every 60 minutes during exercise. It does not need to be consumed with water.



ENDURANCE FUEL BAR

Energetic bar with natural ingredients

Energetic bars made from dried fruits have been replaced by fruit powder removing sulphites. Natural flavorings have been used to enhance the flavors and rosemary has been added as anti-oxidant.

Energy bars made from natural ingredients. Perfect to be taken during training, competitions or for snack to provide the energy required before an effort.

- > Provides a mixture of carbohydrates.
- > With 9 added vitamins to improve the transformation of the carbohydrates into energy.

- 3 options:
- > BCAA'S 8:1:1
 - > CHOCO BITS: With chocolate bits.
 - > SALTY TRAIL: Salty touch

GLUTEN FREE



DOPING FREE



VEGAN

No Vegan

WHITE CHOCO & STRAWBERRY

This product is perfect for taking during workouts or sports events, especially during outdoor endurance activities. It is also highly recommended for taking at any time as a snack or energy boost before training.



Before exercise, as a snack between meals or extra energy food before physical activity.



When you need solid food or want to give yourself a break.



To restore energy and improve recovery.

FORMATS
60g

FLAVOURS

BCAA's

- Apple & Cinnamon
- Banana & Ginger
- Dark chocolate

CHOCO BITS

- Coffee & Cocoa
- Citric Lemon
- White Choco & Strawberry

SALTY TRAIL

- Corn & Potato
- Italian Taste
- Indian Taste



RACE DAY

Energy bar rich in carbohydrates based on dried fruit and pumpkin seeds.

Energy bar with BCAA 8:1:1 40g perfect for eating during training and competitions as the texture is very easy to chew and the flavours are delicious.

Race Day is the evolution of the Endurance Fuel Bar, as it is thinner, and very easy to carry and chew.

The main characteristics of this bar are:

- > Smaller size and 40 g in weight.
- > The amount of figs has been increased and the dates have been reduced, thereby controlling the glycaemic index and providing energy but reducing insulin peaks.
- > One bar contains 124 kcal and between 21 and 25 g of carbohydrates depending on the flavour.
- > The nuts have been taken out so that it is easier to eat and digest.
- > It has pumpkin seeds that give it a crunchy touch and provide healthy fats and proteins.
- > With organic ingredients like pumpkin seeds, sunflower oil and sultanas.
- > Contains BCAAs with a ratio of 8:1:1 (Leucine+)
- > A vitamin complex with 10 vitamins has been added providing 50% of the NRV.

In 3 tasty flavours:

- > Dark chocolate: with natural cocoa powder, organic chocolate chips and natural chocolate aroma
- > Apple & Cinnamon: with organic chopped dried apple, organic cinnamon powder and natural apple aroma
- > Banana & Ginger: with banana flakes, organic ginger powder and natural banana aroma.



FORMAT
40g

FLAVOURS
■ Apple & Cinnamon
■ Banana & Ginger
■ Dark Chocolate

Take a Race Day bar every 30-60 'according to the needs in both training and competitions. It is also perfect to drink before sports and meet the energy needs of that moment prior to exercise.



Before exercise, such as a snack between meals or extra energy before performing a physical activity.



For an energy supply during training.



To refill glycogen deposits and improve recovery.



NEO BAR

Protein Bar

Las NEO BAR son barritas proteicas de 50 g que aportan unos 23 g de proteína por barrita y menos de 1 g de azúcar

- NEO BARS are 50 g protein bars that provide about 23 g of protein per bar and less than 1 g of sugar.
- > The protein comes from ingredients such as milk protein isolate and hydrolysed collagen protein, thus increasing the uptake of amino acids.
 - > They contain glycerin that has a moistening function when used in food. On a sports level it helps to achieve a state of hyperhydration, so it can help to maintain hydration levels in athletes so they can maintain their level of performance.
 - > Soya nuggets give it a crunchy touch as well as adding vegetable protein from pulses.
 - > Enriched with 57 mg of magnesium per bar, contributing to the normal functioning of muscles and their protein synthesis.
 - > And a mix of added vitamins: Vitamin C, Vitamin E, Vitamins B3, B6 and B1.

- In 4 Flavours:
- > Dark chocolate Crunchy: With cocoa powder and covered in dark chocolate..
 - > White Choco & Strawberry Crunchy: Strawberry flavour and covered in white chocolate.
 - > Coconut & Chocolate Crunchy: With grated coconut and covered in dark chocolate.
 - > Peanuts & Chocolate Crunchy: with peanuts and covered in milk chocolate.



The new 226ERS protein bar, with 46% protein and less than 1g of sugars. It contains 23 grams of high quality protein in each bar,

Ideal to take at any time of the day when you need protein to rebuild muscle. Like the rest of our products, it is also developed without gluten.



Before exercise, as a snack between meals or extra protein before performing a physical activity.



To improve recuperation.

FORMAT
50g

- FLAVOURS**
- Dark Chocolate
 - Peanuts & Chocolate
 - White Choco & Strawberry
 - Coconut & Chocolate



THE EVOLUTION OF NATURE

This line is known by the name “EVolutional bars” because it recovers the traditional systems of production used in the past by many athletes, such as products made with fruits and nuts, the well-known fig breads, or the multi-cereal oat bars, more commonly known as FLAPJACKS, with the addition of highly distinguishing aspects aimed at those for whom sport and health form a main part of their lives.

They are made of high quality natural ingredients, always gluten-free, like the rest of the brand's products, and GMO free.

They can be used as part of a balanced breakfast, as a mid-morning snack a bite to eat before working out, a provider of energy during or after working out, or even during competing, for people on vegetarian, vegan or paleo diets, depending on the bar. Within the same line, there are:

SUPERFOOD Pea Protein




EVO BAR SUPERFOOD



FORMATS

50g

FLAVOURS

 SUPERFOOD PEA PROTEIN
Hazelnuts, Banana & Maca

Bars composed of dried fruits and nuts and superfoods. Superfoods are foods with high nutritional value whether due to being exceptionally rich in antioxidants, vitamins, minerals, essential oils, phytonutrients or a combination of all of them. They are foods filled with nutrients meaning that the body's needs are satisfied with less calories

- > **ENERGY:** These can be used as part of a balanced breakfast, as a mid-morning snack or a bite to eat before working out
- > **PEA PROTEIN:** Pea protein has been added meaning that a total of 15% is vegetable protein.



Before exercise, such as a snack between meals or extra energy before performing a physical activity.



For an energy supply during training.



To refill glycogen deposits and improve recovery.



VEGAN PROTEIN BAR



FORMAT

40g

FLAVOURS

- Cocoa Nibs & Cashew
- Cherry
- Orange & Chocolate

These are vegan protein bars that contain nearly 30% vegetable protein, which equates to more than 11 g of protein per bar, enriched with Superfoods.

Rice syrup and agave syrup have been used to sweeten them, with a low glycaemic index, from organic crops, in line with our sustainable practices, and using top quality raw material for better nutrient assimilation.

The proteins they contain are pea protein and rice protein:

- > **Pea protein** with a high proportion of essential and non-essential amino acids is the richest natural source of arginine known for its great power to help repair and grow muscle tissue. Pea protein is extremely bioavailable and digestible, and helps tissue formation and tones muscles.
- > **Rice protein** contains a large number of nutrients and is low in calories. It prevents fatty acids from being stored up as it activates lipase in the liver and in the walls of blood vessels.

Enriched with **Superfood**, ingredients with high nutritional value, they can be eaten at any time of day as a healthy snack.

- > **Chia seeds** are a great source of vitamins, minerals, fibre and Omega 3 fatty acids that help to combat fats and regulate body weight.
- > **Goji Berries** provide a great antioxidant effect.

Available in three flavours:

- > **Cocoa Nibs & Cashew**, made up of cocoa in natural powder, cashew nuts and organic ingredients such as small pieces of raw cocoa beans, cocoa butter, chia seeds and goji berries.
- > **Cherry**, with cherry flakes and organic pumpkin seeds.
- > **Chocolate & Orange**, chocolate flavour with pieces of candied orange zest and organic pumpkin seeds.

Vegan protein bar made with premium quality natural ingredients suitable for vegans and with nearly 30% protein.



The bars can be eaten at any time of day, as a healthy snack, as an extra protein boost, between meals or after training mainly



VEGAN OAT BAR



FORMAT

50g

FLAVOURS

- Pistachio & Chia seed
- Strawberry & cashew

Vegan Oat Bars have an appealing texture as the main ingredient is oat flakes that also provide great properties as it one of the most complete cereals that contains carbohydrates, proteins, fat, fibre and minerals. It is rich in antioxidants and beta glucans, wich have a prebiotic effect on the gut and regulate blood sugar levels.

Rice syrup has been used to sweeten the bars, produced organically, in line with our sustainable practices, and using top quality raw materials for better nutrient assimilation.

Enriched with *Superfoods*, ingredients with high nutritional value, they can be eaten at any time of day as a healthy snack.

- > **Extra virgin olive oil** provides healthy fats and gives the oat flakes a smooth texture.
- > **Chia Seeds** are a great source of vitamins, minerals, fibre and Omega 3 fatty acids that help to combat fats and regulate body weight.
- > **Nuts** that are rich in healthy fats and provide vegetable protein and fibre. Along with sesame seeds, which in addition to all this, provide vitamins and minerals.
- > Strawberries and blueberries as antioxidants.

Available in two flavours:

- > **Pistacho & Chia Seeds**, consisting mainly of oat flakes, dates, extra virgin olive oil, pistachio, chia and sesame seeds.
- > **Strawberry & Cashew**, consisting mainly of oat flakes, dates, extra virgin olive oil, strawberries, blueberries and cashew nuts.

Vegan oatmeal bars made with high quality natural ingredients and suitable for coeliacs and vegans.



The bars can be eaten at any time of day, as a healthy snack, as an extra energy boost, between meals, before, during or after training.



VEGGIE ENERGY CAKE

Our Veggie Energy Cake is a lactose free energy cake made of gluten free flours making it apt for people with lactose intolerant, celiacs and vegans.

Teff flour is the main ingredient used and it contains many highly nutritional properties:

- > Teff is rich in slow-burning carbohydrates and is ideal for sportsmen and sportswomen who seek high performances as it provides fast-burning, long-lasting carbohydrates.
- > Teff contains 8 essential amino acids, especially lysine, an amino acid not commonly found in other cereals particularly in the quantity contained in teff. Lysine is very important as it permits the body to effectively absorb calcium and take advantage of its properties.
- > Teff is a digestive cereal, antioxidant and contains a higher nutritional value when compared to other more common cereals.
- > Its glycemic index is low and has a high fibre content.
- > It contains protective phytochemicals and antioxidants such as ferulic acid, protocatechuic acid, gentisic acid, vanillic acid, coumaric acid and cinnamic acid.
- > Teff contains 17 times more calcium than other cereals (165,2mg/100g).
- > Along with amaranth, it is a cereal with the highest amount of iron present (some 10,5g/100g).
- > It is rich in other minerals such as zinc, magnesium, manganese, copper and phosphorus

It is ideal to use before a competition as it provides the necessary energy and a required amount of **protein (12%)**. As the nutrients are easy to absorb, this eliminates the risk of any digestive problems occurring before competing or training.

The Veggie Energy Cake contains cocoa and pieces of dark chocolate giving it an irresistibly intense chocolate flavour.

Can be prepared using:

- > Milk, vegetable-based drink or water.
- > If a smoother mixture is desired, add a tablespoon of olive or coconut oil.
- > Fruit, dry fruit and nuts can also be added to the cake before microwaving or added as a topping after microwaving.

Best served cold if removed from the mould. Can also be eaten directly from the mould.



A delicious chocolate flavoured cake with crunchy pieces of cocoa elaborated using gluten free ingredients filled with nutritional properties such as rice and teff flour that provide fibre and slow-burning carbohydrates with minerals and amino acids.

Apt for vegans and very easy to prepare, it makes for an excellent breakfast, snack or dessert and is an ideal meal prior to a competition. It contains 12% protein, is easy to digest and contains no added sugar.

It is very easy to prepare and is the perfect cake to eat at any time of day as a healthy dessert filled with nutrients and low in sugar. It satisfies that sweet tooth without causing a feeling of regret.

These can be used as part of a balanced breakfast, as a mid-morning snack or a bite to eat before working out.

FORMATS
480g

FLAVOURS
■ Cocoa Powder
& Choco bits



VEGGIE PROTEIN PUDDING

The new and exquisite Veggie Protein Pudding is a creamy dessert that satisfies your protein needs without sacrificing flavour.

Ideal for the sportsman or sportswoman who needs increased protein ingestion or one who simply wishes to look after themselves by eating a healthy dessert.

A proper dessert with a high nutritional level thanks to its ingredients.

- > **Peas** are a good source of protein thanks to their variety in amino acids with 55% of their protein apt for vegans. They not only help to tone muscle and improve enzymatic functionality by optimising the formation and use of cells but also recover damaged muscle fibres and their functions.
- > **Flax seeds** increase fibre content and help with digestion. They are rich in healthy fats (above all omega 3), help with tissue regeneration, inhibit inflammation and protect the skin against external attacks.
- > A healthy dessert very low in sugars with **STEVIA** sweetener.
- > **Maca extract** provides stimulant and energetic functions, has a high nutritional value containing vitamins and minerals that are ideal in a sportsman's and sportswoman's diet. It contains numerous benefits for the organism thanks to its properties that help:
 - Regulate the endocrine system
 - Boost the immune system
 - boost libid
 - Reduce ageing and fatigue
 - It also contains an analgesic effect and is a great source of energy.
 - Consumption of one portion of Powdered Maca is very good because it acts as an adaptogen that helps to maintain calmness during stressful moments, maintain resistance during sports performance and maintain an increased sense of general well-being.

Can be prepared using:

- > Milk or vegetable based drink.
- > Sweeteners such as honey, coconut sugar, stevia or another favoured sweetener can be added
- > Different toppings such as fruit, nuts, dried fruit or any other favored topping can be added.

To dissolve correctly add the liquid gently while stirring well.



FORMATS
350g

FLAVOURS
Cocoa Powder
& Banana Flavour

A traditional dessert made from pea protein base; with flax seed for increased fibre quantity and maca extract to counteract physical and mental exhaustion.

Each portion contains 19g of protein and only 0,4g of sugar as the stevia extract provides sweetening.

It has a smooth texture that is easy to prepare and comes in chocolate and banana flavour. It is an ideal dessert to take with you when travelling and when competing to ensure consumption of a solid amount of proteins and satisfy your cravings without feeling guilty. It is a healthy dessert filled with nutrients.

It is an ideal product to consume at any time of the day whether for breakfast, as an evening snack, a dessert or prior to a competition.



VEGGIE PROTEIN BROWNIE

Our Veggie Protein Brownie is a high-protein bun made of pea protein and gluten-free flours, therefore it is suitable for coeliacs and vegans.

Ideal for sportspeople who need a high amount of protein as well as those who want to look after themselves with a healthy dessert.

Its main ingredients are pea protein and teff flour with great nutritional benefits:

- > **Peas** are a good source of high quality vegetable protein rich in essential and non-essential amino acids, which are slowly absorbed thereby aiding digestion, providing 41% of protein suitable for vegans. Pea protein helps to tone muscles and improves enzymatic functionality optimising the formation and use of cells, helping damaged tissue to recover and regain its functions.
- > **Teff** flour is a slow-release carbohydrate that contains 8 essential amino acids, high in lysine which is very important for the body to be able to absorb calcium.
- > It is very digestive and is an antioxidant. With a low glycaemic index and rich in fibre.

Veggie Protein Brownie contains cacao and dark chocolate chips giving it an intense and irresistible chocolate flavour.

It is ideal to have before a competition as it provides the necessary energy and 41% of proteins. As it is easy to digest, you can be sure it won't cause any digestive discomfort before competing or training.

Very easy to make, it is the ideal bun for any time of day, as a healthy dessert, full of nutrients and very low in sugar, it means you can satisfy your longing to eat something sweet and delicious without feeling guilty, and with a good protein boost.

You can take it with you when you travel and when you compete to make sure you have enough protein and easy digestion.



FORMATS

420g

FLAVOURS

■ Cocoa Powder & Choco bits

A delicious individual chocolate flavoured bun containing chocolate chips, made from gluten-free ingredients with great nutritional value like pea protein, rice flour and teff flour that provides fibre and slow-release carbohydrates, with minerals and amino acids.

Suitable for vegans and very easy to make, it is ideal for breakfast, as a snack, dessert or before and after a competition as it provides 41% protein, it is easy to digest and very low in sugar and it is not sweetened with artificial sweeteners so as not to hinder the absorption of nutrients.

It is an ideal product to consume at any time of the day whether for breakfast, as an evening snack, a dessert or prior to a competition.



VEGAN PROTEIN



FORMAT
700g

FLAVOURS
■ Cocoa Powder
■ Red Fruits

Vegan Protein is designed for those who want a healthy, balanced and sustainable diet, benefiting from the properties of its ingredients.

The product is suitable for vegans, containing 70% protein and providing 21g of protein per dose. It has little more than 100 kcal, being low in fat and having no added sugar, as it is sweetened with stevia. The total sugar content per dose is less than 0.5 g, so it is ideal for drinking at any time of day and increasing your intake of vegetable proteins healthily.

Vegan protein contains 3 high quality vegetable proteins:

- > **Pea protein** has a high proportion of essential and non-essential amino acids and is the richest natural source of arginine, known for its great contribution in the repair and growth of muscle tissue. Pea protein is highly bioavailable and digestible, optimises tissue formation and tones muscles.
- > **Rice protein** has a lot of nutrients and is low in calories. It prevents fatty acids from being stored by activating lipase in the liver and the blood vessel walls.
- > Hemp protein is easily digested and contains omega-3, omega-6 and omega-9 fatty acids in very balanced proportions.

We have also formulated Vegan Protein with superfoods to make it even more complete:

- > Moringa, also called the drumstick tree, has medicinal powers and is rich in antioxidants and chlorophyll, essential for the purification and oxygenation of cells, in addition to providing iron and calcium.
- > Lucuma is an Andean fruit notable for its richness in vitamins B1, B2, beta-carotene and phosphorus. It is ideal for fatigue and highly recommended for strengthening the immune system.
- > Flax seeds have a high content of omega 3 fatty acids, lignans (antioxidants), vitamins and fibre.

It is available in two flavours: cocoa and red fruits.

Protein shake suitable for vegans, formulated with isolated pea protein, rice protein and hemp protein. Enriched with superfoods such as moringa, lucuma and flax. Available in red fruits and cocoa flavour.

It can be prepared with water or a vegetable drink, or combined with some fruits and nuts to adapt to individual consumption needs; thus incorporating more vitamins, minerals and carbohydrates. ás vitaminas, minerales o carbohidratos.



PEANUT AND ALMOND BUTTER

GLUTEN
FREE



PROTEIN
CONTENT 25%

LOW
SUGAR



PROTEIN
CONTENT 26%

NO
PALM OIL



FORMAT

Peanut 350g
Almond 320g

FLAVOURS

■ Peanut
■ Almond

Our Almond Butter and Peanut butter, have a smooth and creamy texture, since the almonds and peanuts have been ground with traditional top-quality methods using roasted almonds and roasted peanuts.

Both are very nutritious and their consumption provides lasting energy during the day, they have a contribution of 25% peanut butter and 26% almond cream, vegetable protein, this is complete in terms of its content in essential amino acids, contributes to the maintenance and increase of muscle mass.

- > **Peanut Butter:** The **peanut** It is a legume with high concentration of albumin and fat, almost as much as meat. This is why they are highly recommended for anyone following a vegetarian or vegan diet, for sportspeople and for growing children. Almost 50% of their fat is monounsaturated and 30% polyunsaturated, the latter being mostly Omega 6..
- > They are an excellent source of fiber (8,4%) and contain high.
- > **Almond Butter:** The Almonds have a high content of mostly unsaturated fats, the kind, which benefits cardiovascular health.
- > The **almonds** are an excellent source of fiber (11%) and contain high amounts of Vitamins from the B group Vitamin E as well as Minerals such as Potassium, Magnesium, Phosphorus, Iron and Zinc as wll as Calcium, almonds being one of the richest vegetable sources of this mineral.

Peanut and almond butter 100% suitable for vegans, additive-free, without added sugar or palm oil. Only premium-quality toasted peanuts have been used. High content in protein, fiber, healthy fats, vitamins and minerals.

You can eat them for breakfast, afternoon snacks, nibbles between meals or desserts, added to cereals, pancakes, toast, vegetables or homemade desserts.



MERCHANDISING

TRUCKER CAP

FLAT // CURVED Cap with foam front and 226ERS logo embroidered on the back grille and part with adjustable snapback.



NECK WARMER

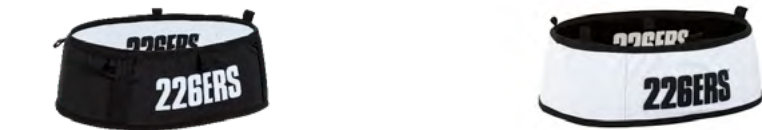
TUBULAR-HYDRAZERO Multifunctional tubular perfect for outdoor activities and protecting you from the cold and wind. You can use it as a hat, balaclava, headband ...



BELT TRAIL PRO

The object holder belt is made of ultra-light lycra. It is reversible, so you have different color per side and side. It has 6 pockets to store your items at the time of running.

It has two gums to take trekking poles properly designed with a silicone in the middle so that the poles do not move horizontally, or ricochet.



BOTTLE

Intelligent quick valve plug, to ensure perfect tightness during transport.
This bottle is easy to clean and certified for optimum food quality, no smell and no taste.



SHAKER

Designed for people on the go, our shaker single container with 2 filter options and leak-proof lid. Simple, but still smart, solid and safe from leaks.



SOFT FLASK

Collapsible bottle that reduces in volume as you drink to minimise spillage or shaking of the liquid inside. In diferent sizes.





T-SHIRT CORPORATE

Black / white

Black / Black

Grey / white

UNISEX // Round neck. Reinforced cover. Tubular fabric 100% cotton.



CASUAL WEAR - SEATSHIRT

Grey / White Navy / Navy

CLASSIC SWEATSHIRT

80% Combed Cotton 20%, Polyester Brushed 3-ply 9.4 oz/320g



HOODIE CORPORATE

Black / white Grey / black

UNISEX

Sweatshirt with side pockets, sleeves ranglan 80% combed cotton, 20% Polyester.



HYDRAZERO EDITION - RUN



RUNNING TANK TOP Perfect for the summer, this running singlet quickly wicks away perspiration and keeps you nice and dry. This garment is the perfect choice for outdoor sports in the summer and in warm weather conditions.

HYDRAZERO EDITION - BIKE



MAILLOT Y CULOTTE HYDRAZERO Lightweight equipment ideal for training and competition. Its fabric ensures a complete expulsion of moisture, leaving the skin dry and fresh. In addition, it has a high drying capacity, offering good comfort to the athlete. The antibacterial properties and soft touch make these garments perfect for long exercise sessions.



SOCKS



Black



White



White Rise



Hydrazero Black



Hydrazero White

SOCKS: Very comfortable socks, great for sports performance. They are very breathable and have a grille on top to increase the expulsion of moisture.

FACE MASK



Face Mask Black



FaceMask Hydrzero Black



Face Mask Knolling black



FaceMask Hydrzero White



Face Mask Black-Ears



FaceMask Hydrzero Black-Ears



Face Mask Knolling black-Ears



FaceMask Hydrzero White-Ears



Face Mask - Movistar Team Ear



Face Mask - Movistar - L



FACE MASK High quality approved mask that offers protection and resistance suitable for daily and sports use. The pattern used is ergonomic rear adjustment and easy to place. The mask has two models: Elastic on the head, in two positions or adjusted to the ears.

Manufactured entirely in Spain under the strictest prevention and care controls for its use, according to the UNE-EN 14683: 2019 + AC 2019-UNE 0065: 2020 standard. With a filtering of 96% according to the UNE-EN 149: 2001 + A1-2010 standard.

They are reusable so you can wash and use them whenever you want. They support up to 69 washes (at 35° temperature).

We recommend the use of the mask exclusively in situations where the Health Authorities indicate it.

SHOP & EVENTS



FINISH LINE ARCH

Finish line ARCH
Outdoor inflatable arch.
4x7mts



FLYBANNERS

3 different sizes!
520 cm, 340 cm, 275 cm

EVENTS

TENT

3x3 vinyl tent
Possibility of laterals to close it



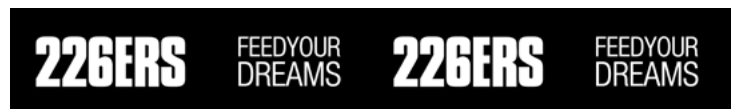
TABLECLOTH

Plain 180 tablecloth, printed.
100% polyester / 200gr
Size: 182 x 75.2 x 29.2 cm



COVERS FENCES

Support that promotes security in
your event



PLV

FLOOR DISPLAY

Made of cardboard, 5 shelves.
Trays with reinforcements. Anti-humidity base.



VINYL

Adhesive vinyl on the back, to be placed on doors and windows.



STIKERS

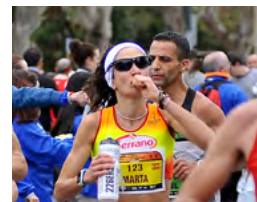
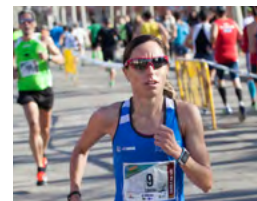
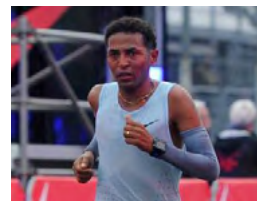
Stickers in 2 sizes and in 2 colors, 8x3cm and a smaller one of 5.5 x 2 cm.



FLYER

Accordion format, with the full range of products.



**ADA XINXÓ****ADRIAN BEN****ALEJANDRO KIM****ALBERTO MARTINEZ****ALEJANDRO MARÍN****IVÁN RAÑA****JAVIER GÓMEZ NOYA****JOAN PEDRERO****JORGE MARTÍN****JOSEP BETALÚ****ALEJANDRO SÁNCHEZ****ANDY CRIERE****ANNA COMET****CINDY RAMIREZ****CLAU BARBOSA****JOSÉ LUIS GARCÍA****JUANMI MORENO****JULEN DÍEZ****KRISTIAN HOGENHAUG****LEONOR FONT****DANIEL ARCE****DANI MATEO****DANIEL LLAMBRICH****DANIEL OSANZ****DANIEL OSMA****LEIRE MARTINEZ****MAIGUA OJEDA****MARTA ESTEBAN****MARTA FERNANDEZ DE CASTRO****MARTA GALIMANY****DAVID PALMADA****ENEO LLANOS****FRANCO COLAPINTO****GONZALO ARAVENA****GIRMA GEGBRSELASSIE****PAULA BADOSA****PABLO URETA****PAOLA ZAHONERO****PERU ALFARO****POL TARRÉS****HÉCTOR GARZÓ****ISMAEL VENTURA****IRAITZ ARROSPIDE****IVAN ALVÁREZ****IVÁN PASTOR****RUBÉN GUITÉRRIZ****SALETA CASTRO****TAMARA SANFABIO****ZERSEY TADESE****YAGO ROJO**



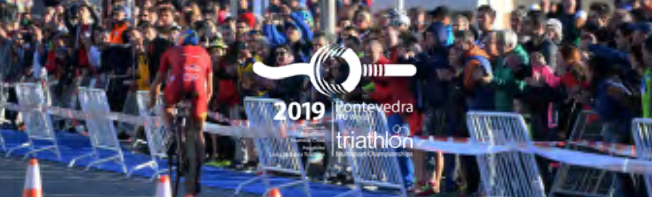
Garmin TITAN DESERT



Club La Santa IRONMAN LANZAROTE



The Goods NON STOP MADRID-LISBOA



PONTEVEDRA ITU WORLD Triathlon Championship



CHALLENGE SPAIN



LA PURITO ANDORRA



CAMÍ DE CAVALLS EPIC 360



DESERT RUN



MOVISTAR TEAM
UCI Pro team



Wild Trail Project
Trail Running team



CLUB DEPORTIVO LUGO
Football team



DRIVEX TEAM
Fórmula 4



FEDME
National Spanish Team: Race Mountain and Skii Mountain



MENORCA BÀSQUET
Basketball team

@226ERS

